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Ljubljana 19.03.2013
Št: 26/13

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PRODUCT TESTING REPORT QHRS BIOPLATE

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1. PURPOSE AND AIM

This study aimed to conclude whether the QHRS Bioplate (hereinafter QHRS plate) during treatment and sleep affects the biofield of test subjects affects the biofield of the tested subjects measured by digital electrophotography. The plates were placed under the mattress (according to the manufacturer's instructions). The control group slept on a mattress without any plates. We tested the subjects before night sleep, after night sleep and after several hours after sleep (in the control and tested group).

2. METHODS

2.1.

Our study aimed to describe the effect of the QHRS plate on the biofield of the tested persons before, after sleep and 20 minutes upon sleep. In the tested and control group, there were 10 subjects with no presence of chronic diseases. Prior testing, the use of doping agents, coffee, black tea, green tea, cigarettes was restricted ... Each tested subject was photographed before bedtime, then after 30 minutes of lying down and 20 minutes of rest after lying down (hence 20 minutes after lying down) one day in the test group and the second day in the control group.

The test subjects were randomly selected into groups. Each test subject was photographed 6 times (10 fingers with and without filter). The relaxing music was played before bedtime.

In the experimental group, QHRS plates were placed under the mattress (according to the manufacturer's instructions) and the control group slept on the mattress without any plates. The study was conducted as a double-blind examination. The examination protocol is presented in Table 1.

Table 1. Examination protocol

	Day 1	Day 2
Digital electrophotography	photographing before sleep	photographing before sleep
Sleeping on a mattress with QHRS plates	10 subjects 30 minutes while lying down	
	3	

Sleeping on a mattress
without QHRS plates

10 subjects
30 minutes while sleep

digital electrophotography	photographing upon sleep photographing upon sleep	
rest	20 minutes	20 minutes
digital electrophotography	photographing after rest	photographing after rest

2.2. Digital electrophotography

Digital electrophotography is a **method for measuring the analysis** of human and material biofields. It is based on the plasma discharge between objects (the fingers of the tested individuals) and the measurement of the glass electrode, which is a basic mechanism to form an energy field image. The light of this discharge is detected by a digital camera and the image is then processed by a special (specific) program. The biofield is measured in the area of ten fingers of the tested individual. According to Chinese medicine, each of the ten fingers is connected to twelve meridians of organs. The photograph allows us to obtain information about the state of the organism.

The simple photons and electrons on the skin (and on the upper layers of the skin) of the fingers are sensitive to the influence and frequency of the electromagnetic field. In this sensitive state, in the range between the measured object and the electrode, photons and electrons collide into air molecules that affect electronic sensations and the production of new photons of pure electrons.

The value of the emission of particles from the skin surface depends on the physiological and biochemical processes in the body of the tested person, ie the physio-chemical and bioelectromagnetic values of the material. Each disorder in the plasma structure can be used to obtain information about the emotional, mental and physical condition of the tested person.

The energy response of the tested person is photographed with a special optical system to locate the distribution and intensity of light around the fingers. The produced images are then analyzed with specialized computer programs and the results are statistically evaluated.

2.3. Statistical analysis

The data analysis was conducted with IBM SPSS version 19 Student's t-test, and analyzed changes in the selected parameters, comparatively before and after testin

3. Results

3.1. The biofield test results of the tested individuals

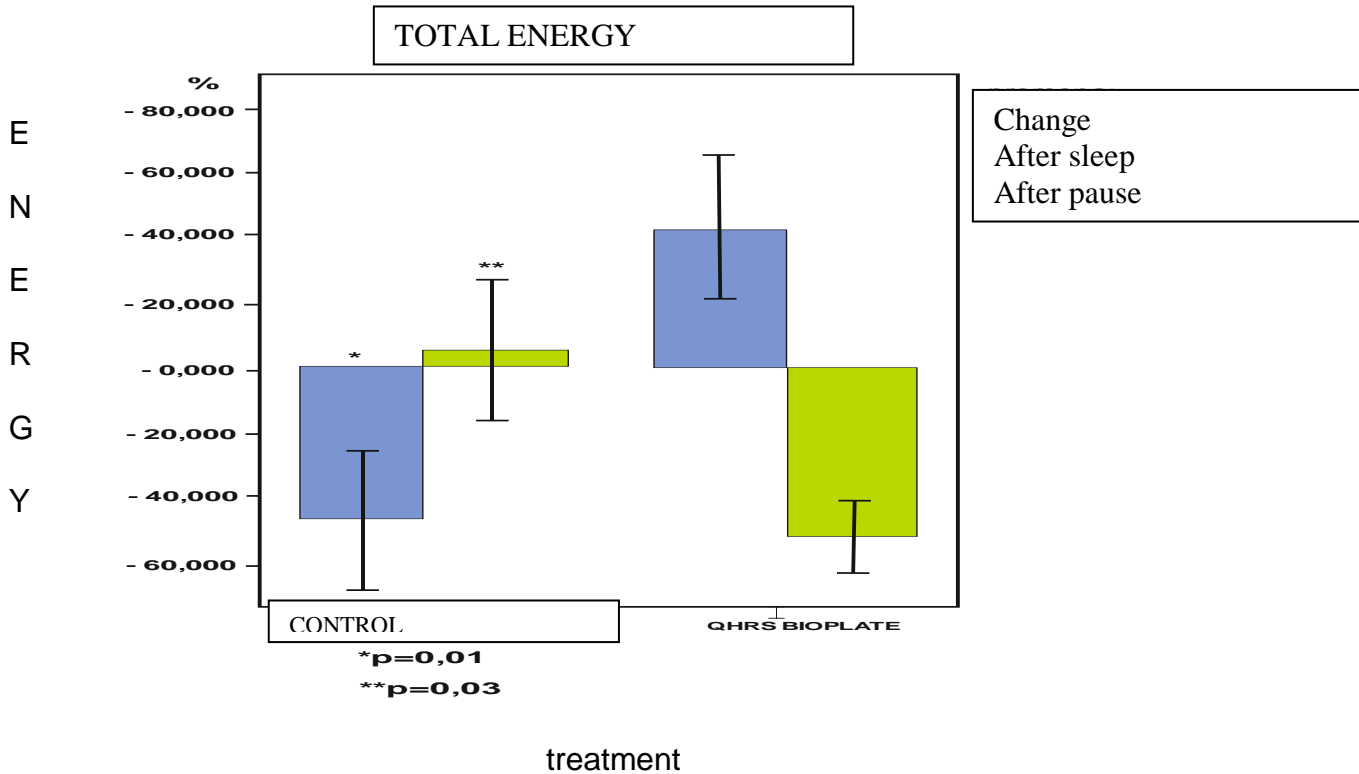


Figure 1: The difference in the change in the total energy of the organism (at the biofield level) between the control and the tested group (the tested group slept on a bed with QHRS plates).

Figure 1 demonstrates that there were statistically significant changes in the overall energy of the organism (at the biofield level) between the control and test groups. The total energy of the organism at the level of the biofield in the tested persons, who were lying on the QHRS plates, increased statistically, which is also evident after sleep, after a break (20 minutes after lying down) and then significantly decreased.

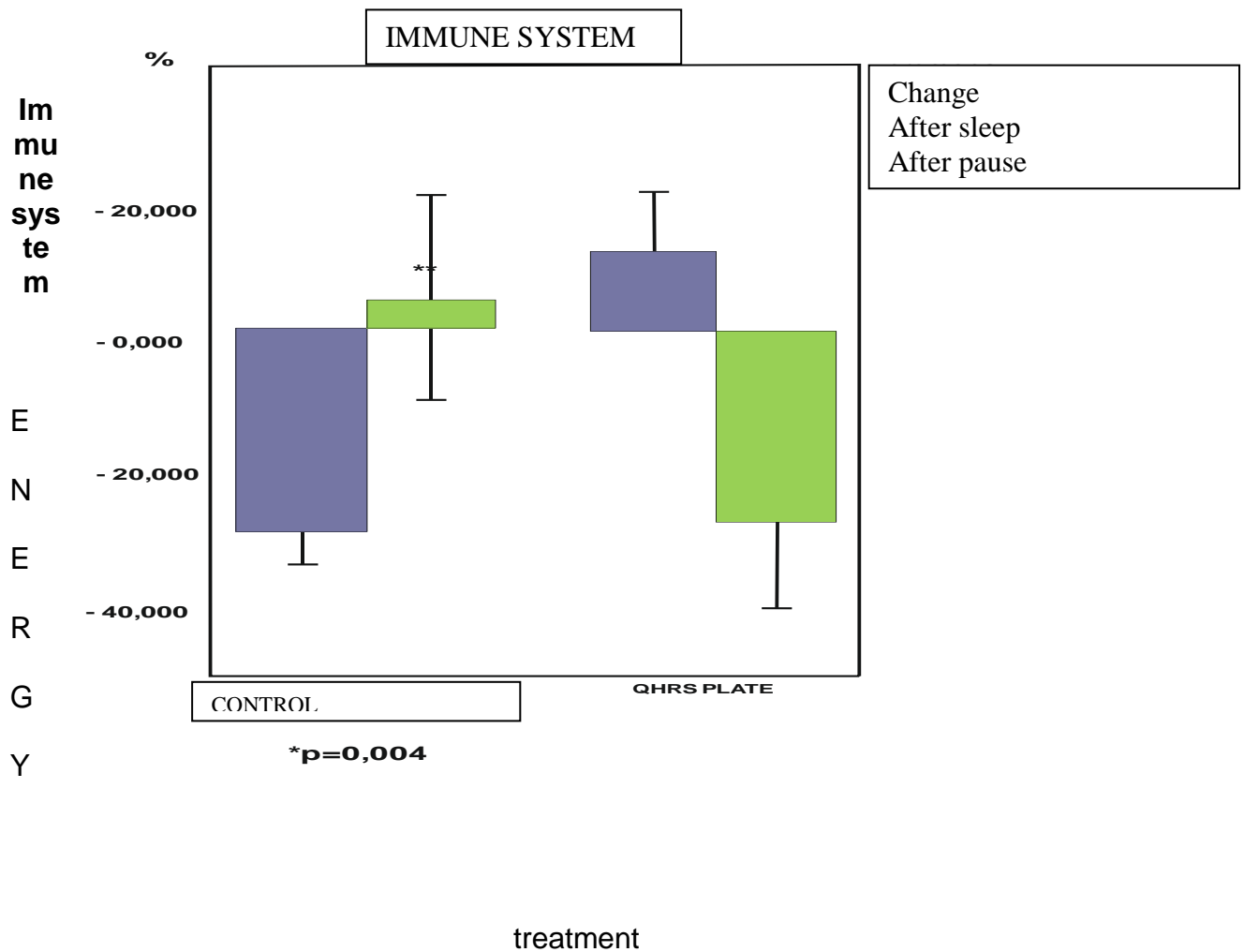


Figure 2: Difference of immune system change (at the biofield level) between control and test group (test group was lying on a bed with QHRS plates).

Thus, in the area of the immune system (at the biofield level), we noted an excellent response of the tested individuals at the energy level as presented in Figure 1. In the tested individuals, while lying on QHRS plates the energy of the immune system (at the biofield level) increased statistically significantly, as well as after rest (20 minutes after sleep) and then the energy decreased again (statistically insignificant).

Cardiovascular system

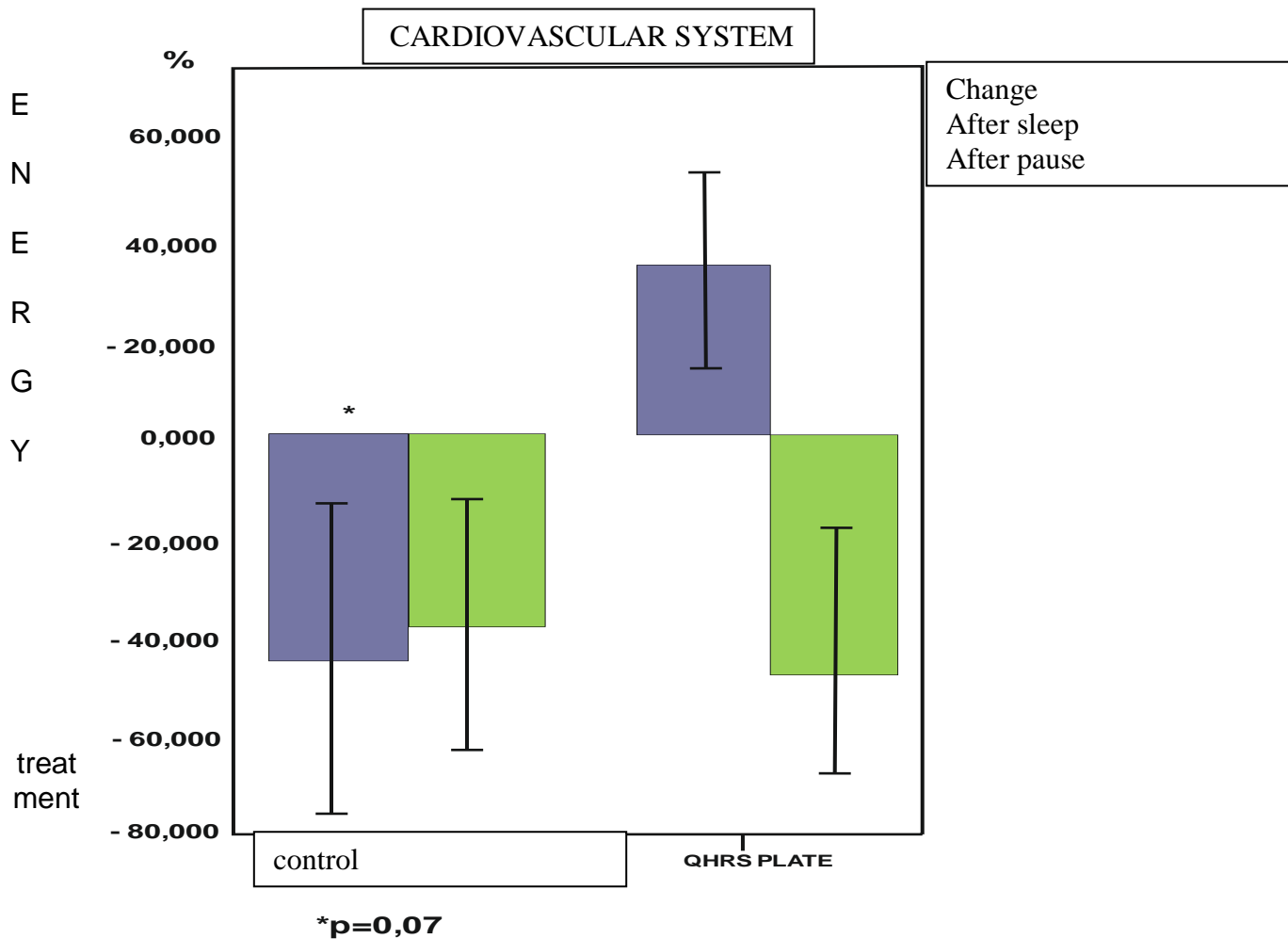


Figure 3: Difference of circulatory system variation (at the biofield level) between control and test group (test group was lying on a bed with QHRS plates).

In the corresponding area of the circulatory system (at the biofield level) we noted that after sleep on QHRS plates there is a significant increase in energy (at the biofield level) after rest (20 minutes after sleep) and then the energy decreases again (not statistically significant).

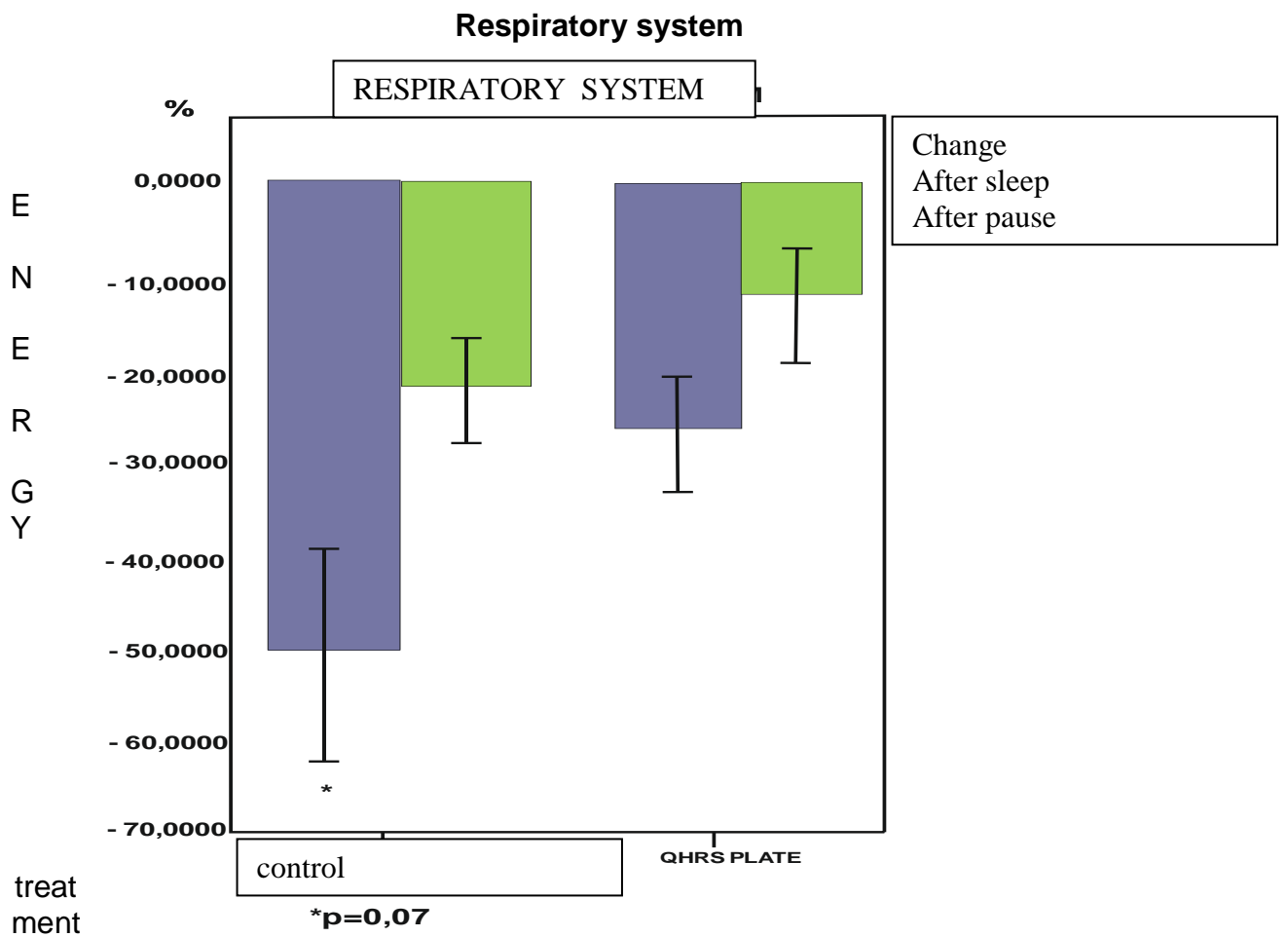


Figure 4: Difference of the respiratory system energy change (at the biofield level) between the control and test group (the tested group was on a mattress with QHRS plates).

Figure 4 demonstrates that the energy of the respiratory system (at the biofield level) also increased statistically significantly after sleeping on the QHRS and remained increased (statistically not significantly) even after a break (20 minutes after sleep).

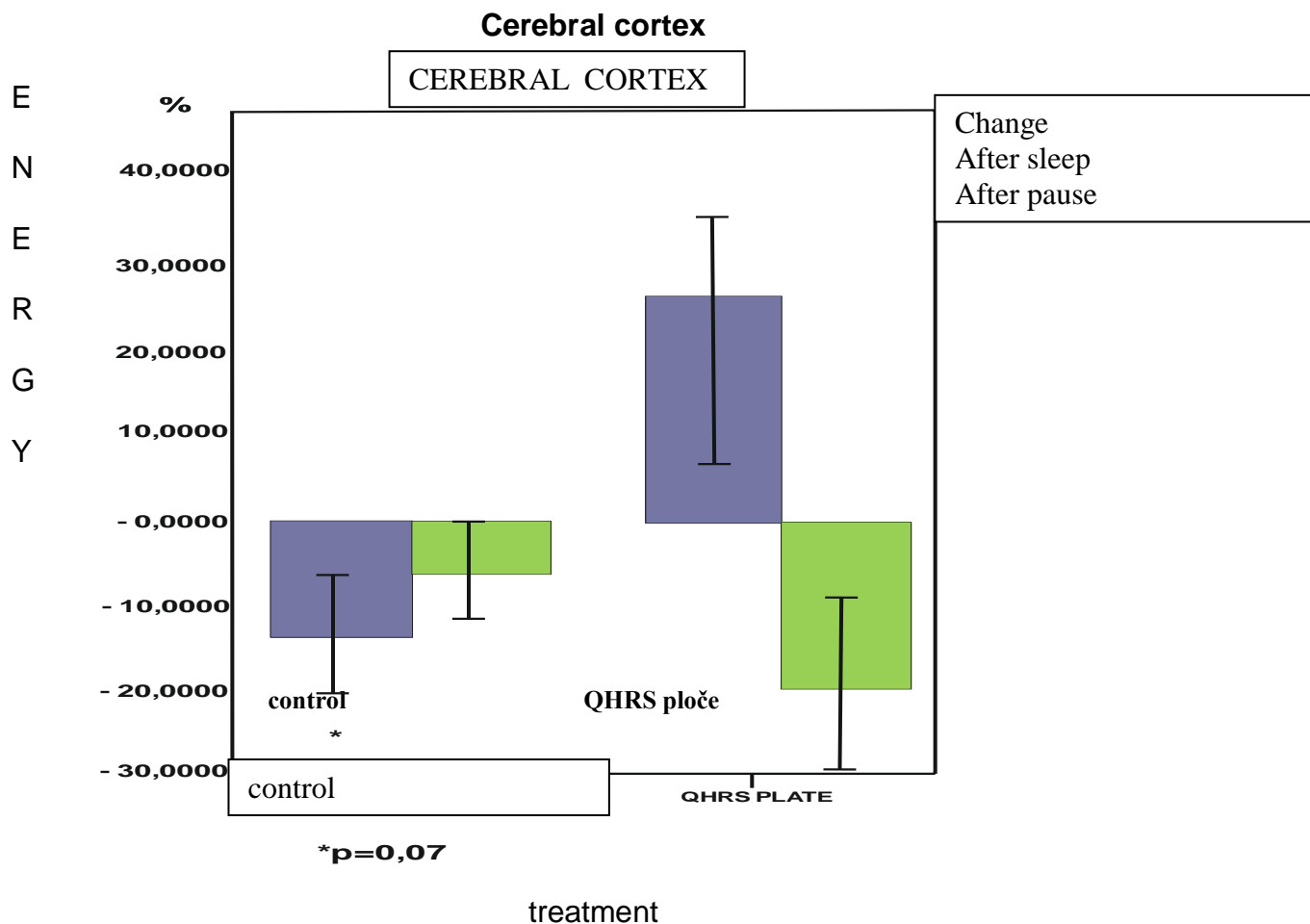


Figure 5: Difference of energy change at the level of the cerebral cortex (at the level of the field) between the control and test groups (the tested group was lying on a bed with QHRS plates).

Thus, in the head area, especially in the area of the cerebral cortex, there were statistically significant differences in the change of energy at the level of the biofield, of course in the positive direction of the organism energy (Figure 1), immune system (Figure 2) and circulatory system (Figure 3). In the area of the cerebral cortex, upon lying on QHRS plates, the energy at the level of the biofield in the tested individuals increased statistically significantly, and after a break (20 minutes upon sleep) it decreased as well (statistically insignificant).

HIPOPHYSIS - energy

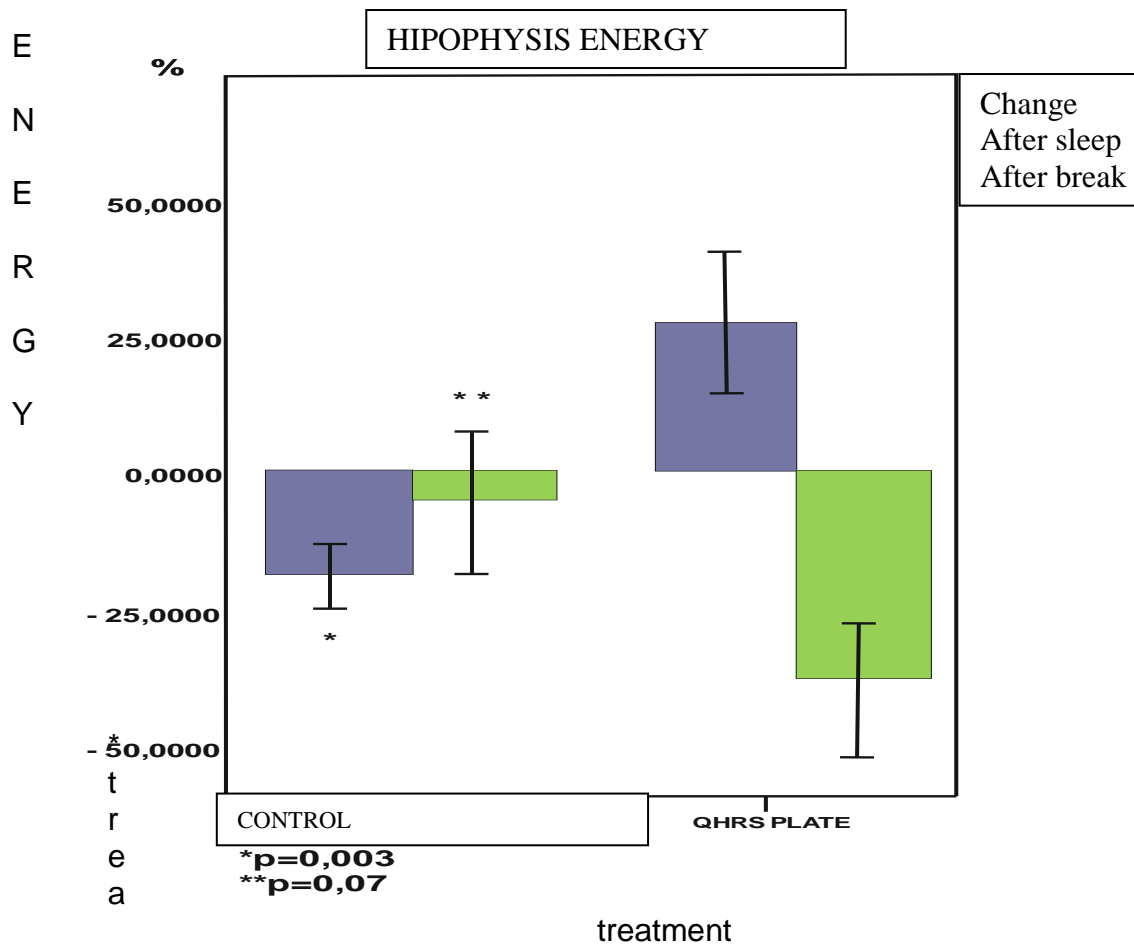


Figure 6: The difference in pituitary energy change (at the biofield level) between the control and test groups (the tested group was on a mattress with QHRS plates).

Here, after lying on QHRS plates, a statistically significant increase in energy (at the level of the biofield) was present both in the area of the pituitary gland and in the area of the pineal gland. The energy at the biofield level decreased again after the break (20 minutes after sleep) - in both the pituitary and pineal gland statistically insignificant after the break (Figure 6 and Figure 7).

Pineal gland energy

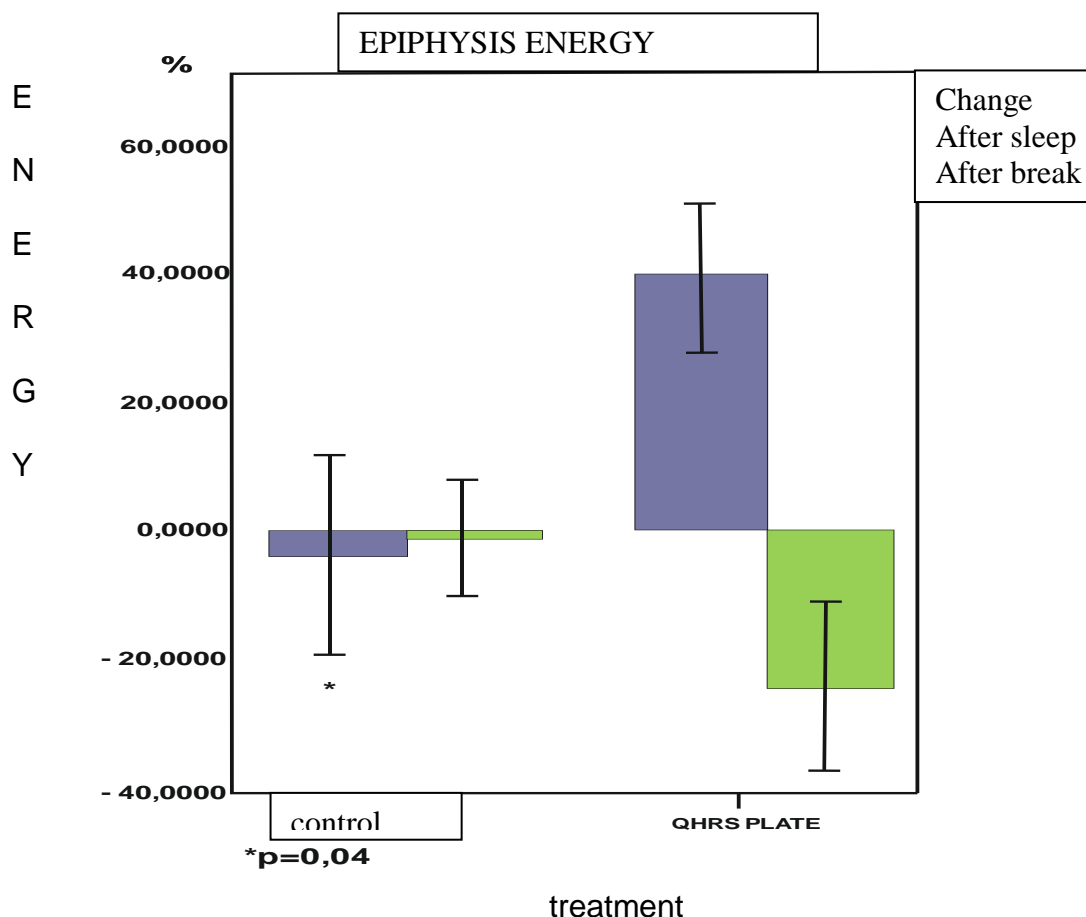


Figure 7: The difference in the change in the total energy of the organism (at the biofield level) between the control and the tested group (the tested group was on a bed with QHRS plates).

As presented in the graphic, the energy when on QHRS plates increased significantly compared to the control group. Increased energy in the pineal gland indicates a higher probability of producing melatonin - the sleep hormone, which is one of the vital antioxidants.

In our words, the bio plate promotes the quality of sleep significantly, and at the same time supports the production of melatonin. After half an hour, the picture is reversed, which is again a benefit (although this effect is not statistically significant), but it demonstrates a higher production of melatonin (causes a significant effect during a qualitative sleep) which makes a person feel better and rested.

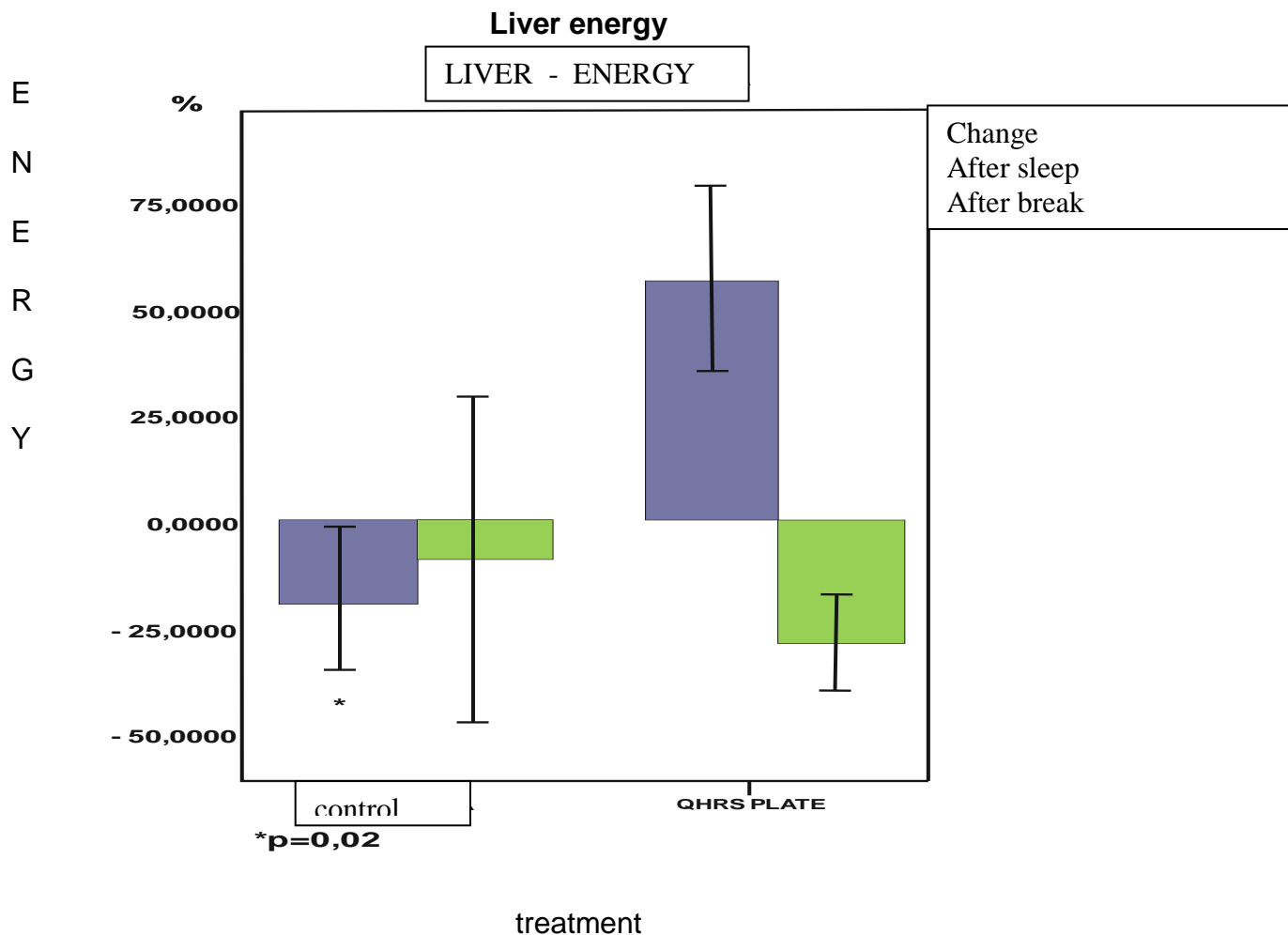


Figure 8: Difference of liver energy change (at the biofield level) between control and test group (test group was on a bed with QHRS plates).

The tested subjects had a statistically significant increase in the liver energy (at the biofield level) immediately after lying on the QHRS plates, thus it decreased again after a break (20 minutes after lying down) statistically insignificant.

According to the presented systems in the organism and organ systems, we determine that the beneficial direction of the organism's response to energy parameters is repeated.

Endocrine system- entropy

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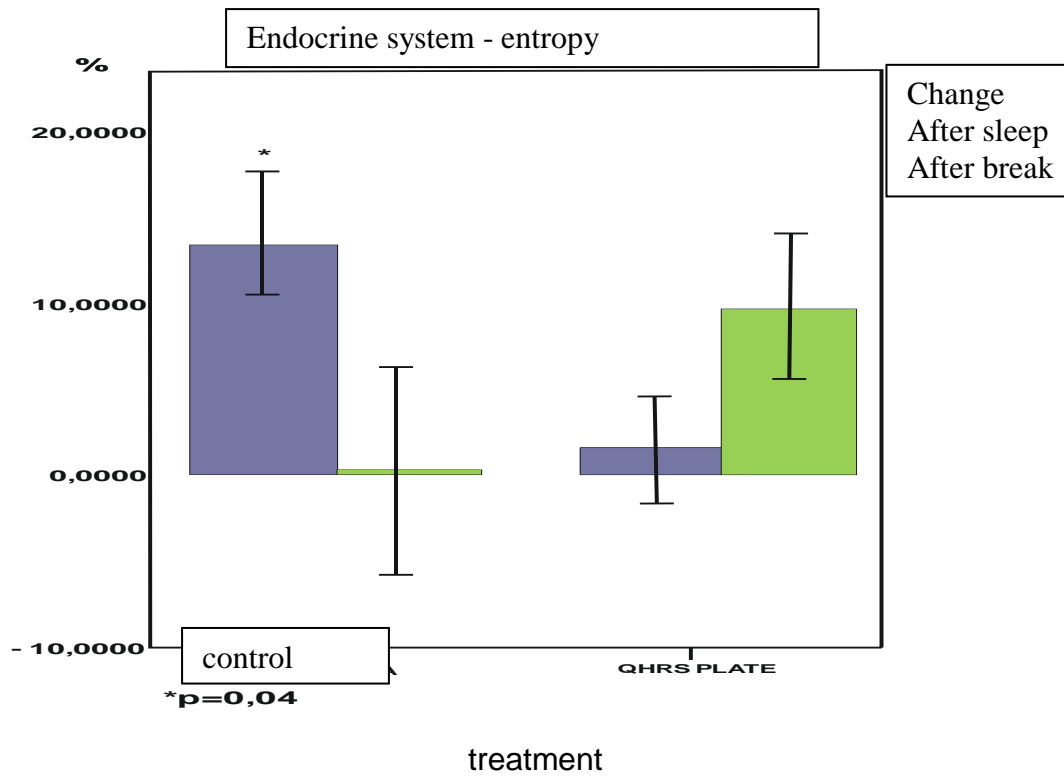


Figure 9: Difference of the endocrine system energy change (at field level) between control and test group (test group was on a mattress with QHRS plates).

Figure 9 demonstrates that in the tested individuals, after lying on the plates, the QHRS entropy (internal disorder) of the endocrine system decreased statistically significantly, after a break (20 minutes after lying down) and increased again, statistically insignificantly.

Locomotor system entropy

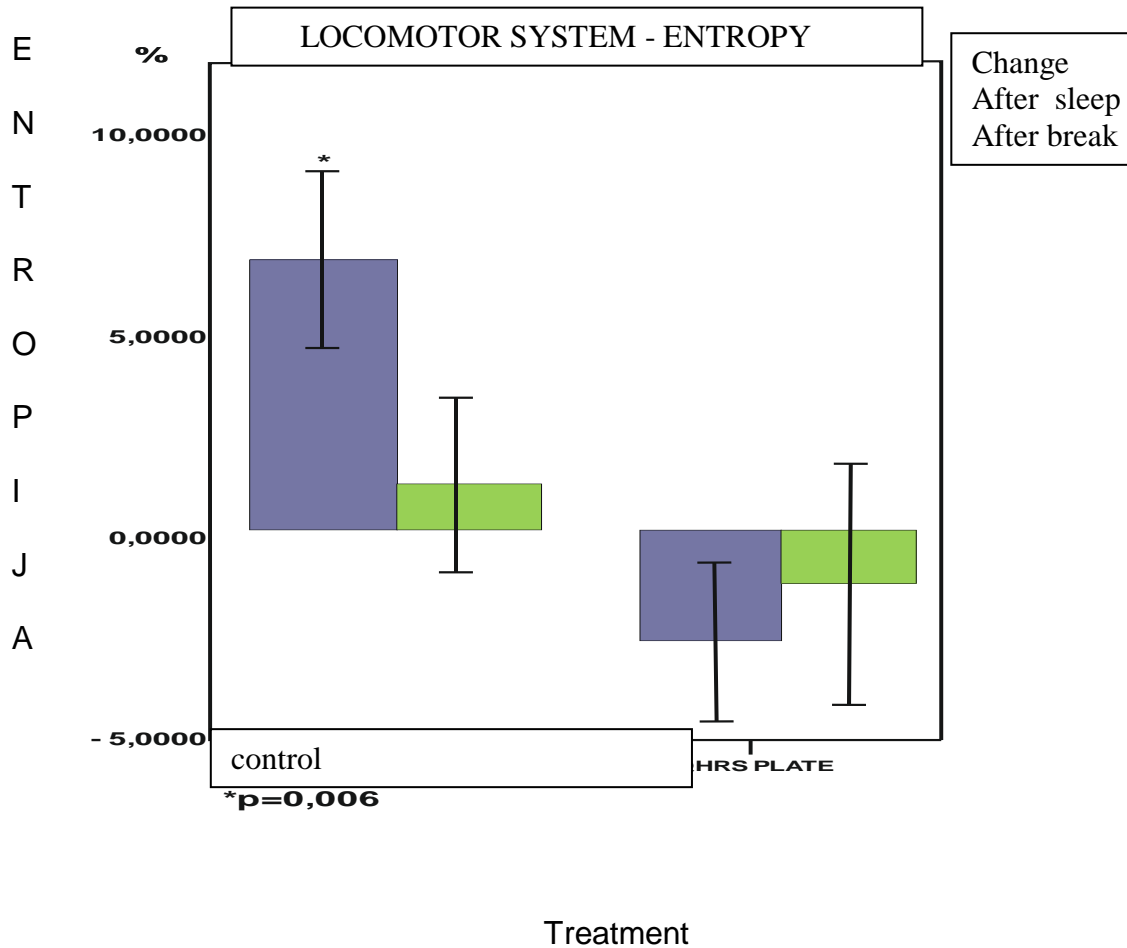


Figure 10: The difference in the change in the entropy of the muscular system (at the biofield level) between the control and the tested group (the tested group was on a mattress with QHRS plates). Upon a bedtime on QHRS plates, we concluded that in the tested subjects a statistically significant decrease in the entropy of the muscular system was present. Then after a break (20 minutes after lying down) the entropy decreases (statistically insignificant).

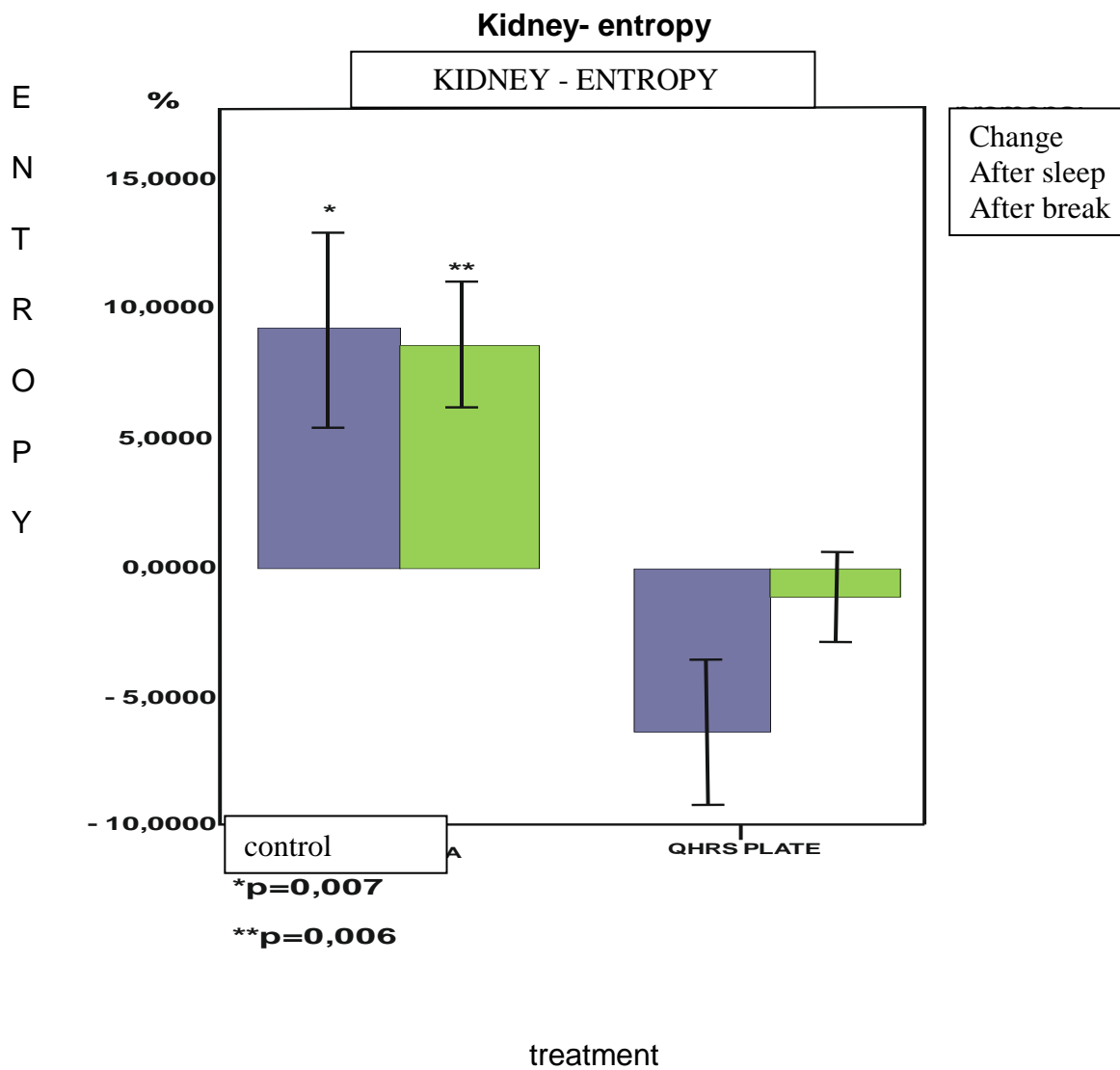


Figure 11: Difference in renal entropy change (at the biofield level) between control and test group (test group was on a mattress with QHRS plates).

Upon bedtime on a mattress with QHRS plates, the decrease in kidney entropy is statistically significant. After a break (20 minutes after lying on QHRS plates) the entropy decreases statistically significantly.

4. CONCLUSION

The research aimed to determine how the use of QHRS plates while lying on them affects the bipoles of the tested subjects, of course to the extent that the changes in the biofields of the tested subjects are measurable by the method of digital electrophotography. We placed the plates under the mattress (according to the manufacturer's instructions). The control group lay on mattresses without any plates. We tested the individuals before bedtime, immediately after lying down for thirty minutes and for a certain time after lying down (20 minutes after lying down) (control and test group).

While testing the biofield of 10 individuals, we concluded that in the tested subjects who slept on QHRS plates, the energy state changed after 30 minutes of lying down, in the direction of a statistically significant increase in energy. In addition, there was an overall increase in the energy of the biofield of the whole organism, thus the increase in energy occurred immediately after lying on the QHRS plates concerning the described organic systems and organs: immune system (Figure 2), circulatory system (Figure 3) respiratory system (Figure 4), the area of the cerebral cortex (Fig. 5), the pituitary gland (Fig. 6), the pineal gland (Fig. 7), and the liver (Fig. 8). 20 minutes after lying down (after a break) we noticed a decrease in energy at the level of the biofield in the immune system, circulatory system, in the area of the cerebral cortex, pituitary gland, pineal gland and liver (Figure 2,3,5,6,7 and 8), however, the energy of the respiratory system remained (increased at the biofield level) even after a break (20 minutes after sleeping on QHRS plates).

Consequently, the influence of QHRS plates on the direct increase of the total energy of the organism and the increase of energy in certain presented organic systems and organs (at the level of biofields) can be assessed as beneficial. With the constant use of QHRS boards, we expect that the energy at the level of the biofield will be constant and increased for several hours even after the cessation of the use of boards.

Pri testiranju smo ustanovili statistički značajne promene i razlike između kontrolne i testirane grupe za parametar entropije (na nivou biopolja) . Tako je posle ležanja na dušek u sa pločama QHRS utvrđen pad entropije kod endokrinog sistema (slika 9) mišićnog sistema (Slika 10) i bubrega (Slika 11). Do pada entropije kod testiranih osoba koje su ležale na pločama QHRS došlo je posle pauze (20 minuta po spavanju na pločama QHRS) naravno i kod mišićnog sistema (Slika 10) i bubrega (Slika 11) Rezultati ukazuju da upotreba ploča QHRS) utiče na smanjenje nerada u organizmu na nivou biopolja , a to ocenjujemo kao pozitivno.

During the test, we detected statistically significant changes and differences between the control and tested groups for the entropy parameter (at the biofield level). Thus, after lying on a mattress with QHRS plates, a decrease in entropy was found in the endocrine system (Figure 9), the muscular system (Figure 10) and the kidney (Figure 11). The decrease in entropy in the test subjects lying on the QHRS plates occurred after a break (20 minutes after sleeping on the QHRS plates) of course in the muscular system (Figure 10) and kidneys (Figure 11). The results indicate that the

use of QHRS plates may reduce disorder in the body at the level of the biofield, and which is a positive predictor.

According to the results, we conclude that QHRS plates with the presented parameters have **a beneficial effect on the biofield of tested subjects**, both on the entire system and individual organ systems and organs. Although the results represent the short-term effect of lying on QHRS plates, they demonstrate a high level of effective results. We estimate that the overall and specific effect of QHRS plates on the human body is statistically significant and beneficial, particularly in terms of increasing energy potential and in terms of orderly life processes.

QHRS PLATE may receive a high-performance certificate.